

RULES FOR FASTING AND ABSTAINING

CURRENTLY BINDING UNDER PAIN OF MORTAL SIN

We are bound to obey, *under pain of mortal sin*, the present discipline of the Church which is as follows:

ABSTINENCE

- The Law of Abstinence forbids the use of flesh meat but not eggs or milk products. It binds all Catholics from their 14th birthday.
- Abstinence is obligatory on Ash Wednesday and all Fridays of Lent (including Good Friday.)

FAST

- The Law of Fasting allows only one full meal a day with a small amount of food being allowed in the morning and evening. Eating between meals is not permitted, but liquids, including milk and fruit juices, are permitted. The main meal may be either at midday or the evening. This law binds all Catholics from their 18th to 59th birthdays.
- Fasting is obligatory on Ash Wednesday and Good Friday.

TRADITIONAL PRACTICES

We should, however, generously follow, in a spirit of penance and reparation for our sins, the Traditional Rules of Fasting and Abstaining which are as follows:

ABSTINENCE

- The Law of Abstinence forbids the use of flesh meat and meat broth but not eggs or milk products. It binds all Catholics from their 7th birthday.
- *Complete Abstinence* was obligatory prior to 1966 on all Fridays (except when it is a Holy Day of Obligation), Ash Wednesday, Holy Saturday and the Vigils of The Assumption and Christmas.
- *Partial Abstinence* was obligatory prior to 1966 on Ember Wednesdays and Saturdays, the Vigils of Pentecost and All Saints (unless these fell on Friday), and all other weekdays during Lent. Meat may be taken at the principal meal on these days.

FAST

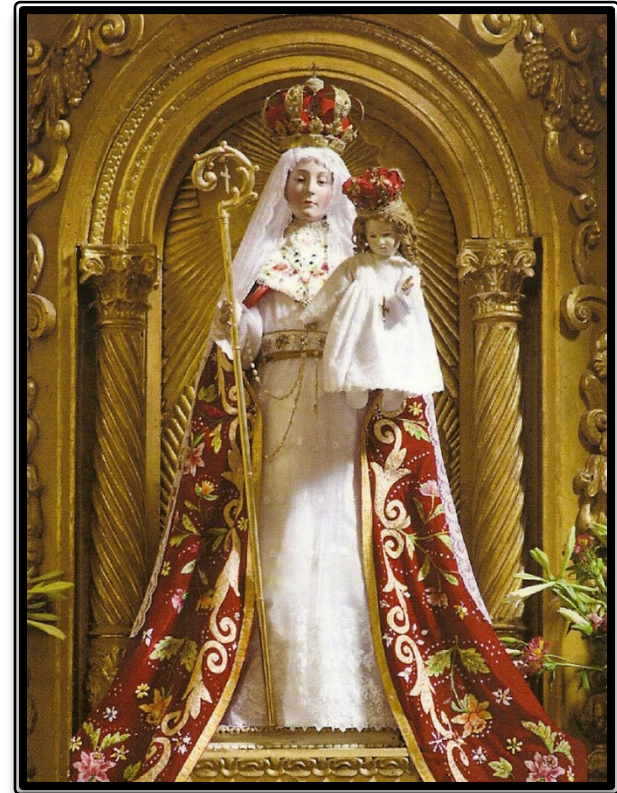
- The Law of Fasting allows only one full meal a day with a small amount of food being allowed in the morning and evening. Eating between meals is not permitted, but liquids, including milk and fruit juices, are permitted. This main meal may be either at midday or the evening. This law binds all Catholics from their 21st to 59th birthdays.
- Prior to 1966 Fasting was obligatory on all weekdays during Lent (not Sundays) from Ash Wednesday to Holy Saturday, Ember Days, and the Vigils of Pentecost, the Assumption, All Saints and Christmas.

Traditional Catholics should strive to observe the Traditional Rules for Fasting and Abstaining!

OUR LADY OF GOOD SUCCESS

ROMAN CATHOLIC CHURCH

Society of St. Pius X
Traditional Latin Mass



FEBRUARY 2021

1460 5th Avenue East
Dickinson, ND 58601

Pastor: Fr. Nicholas McManus 303-325-7558
Coordinator: Stephan Kershnik 701-690-0317

MASS SCHEDULE

DATE	FEAST	MASS	CONFESSIONS
Saturday, Feb. 13	Our Lady on Saturday	5:00 PM	4:00 PM
Sunday, Feb. 14	Quinquagesima Sunday	1:00 PM	12:00 PM
Friday, Feb. 19	Ferial	7:00 PM	6:00 PM
Saturday, Feb. 20	Ferial	11:00 AM	9:00, 2:00, 4:00*
Sunday, Feb. 21	First Sunday of Lent	1:00 PM	9:00, 12:00*
Saturday, Feb. 27	Ember Saturday	5:00 PM	4:00 PM
Sunday, Feb. 28	Second Sunday of Lent	1:00 PM	12:00 PM
Friday, Mar. 5	First Friday	<i>6:00 PM Mass in Mandan</i>	<i>5:00 PM</i>
Saturday, Mar. 6	First Saturday	<i>8:30 AM Mass in Mandan</i>	<i>7:30 PM</i>
Sunday, Mar. 7	Third Sunday in Lent	1:00 PM	12:00 PM
* See separate Schedule for Parish Mission			

DONATION INFORMATION

To donate by check or money order, please mail your donation to the address below:

***Our Lady of Good Success Church
P.O. Box 1873
Dickinson, ND 58602-1873***

You may also donate online by visiting
www.olgsdickinson.org/donate
and clicking on the yellow "Donate" button.

COLLECTIONS

First Collection	Operating expenses for OLGS.
Second Collections	<i>Please write the purpose of your donation on the memo line on your check</i>
-Sunday, Feb. 07	St. Isidore's Priory
-Sunday, Feb. 14 Sunday, Feb. 21	OLGS Mission OLGS Building Fund

ANNOUNCEMENTS

- **Blessing of the Throats.** The traditional blessing of throats on the feast of St. Blaise (February 3) will be given after Mass today, Sunday, February 7.
- **First Communions.** Congratulations to Rachael & Jack Anderson on the reception of their First Communion on Sunday, February 7.
- **Parish Mission.** Fr. Alphonsus will be preaching a pre-Lenten Mission, beginning on Friday, February 19 and ending on Sunday, February 21. God grants many extraordinary graces during a Parish Mission, so please make an effort to attend. Please take the following papers available in the vestibule: (1) The Mission Schedule, (2) Reading: "What is a Parish Mission?", (3) Examination of Conscience: for adults, for teens or for children.
- **Ash Wednesday,** February 17, is a day of fast and abstinence binding under pain of mortal sin. Please see the rules for fasting and abstaining on the back of the bulletin. There will be Stations of the Cross at 6:00 PM
- **Distribution of Blessed Ashes.** Ashes will be blessed and distributed at St. Michael's in Mandan on Ash Wednesday, during the 6:30 PM Mass. For those unable to attend the blessed ashes will be distributed at OLGS on the First Sunday of Lent, February 21 after Mass.
- **Stations of the Cross** will be held at the church on Ash Wednesday and each Friday during Lent at 6:00 PM.
- **The Spring Ember Days** are on February 24, 26 and 27. Ember Wednesday and Saturday are traditional days of fast and partial abstinence and Ember Friday of fast and complete abstinence. Though they no longer binding under pain of mortal sin, the faithful are strongly encouraged to follow these traditional practices.
- **Eucharistic Crusade.** The intention for February is "To thank God for the vocations received and to pray for their fidelity". Fr. McManus will give a meeting on Sunday, February 14 after Mass.
- **Visiting Priest.** Please give a warm welcome to Fr. Dominic May who will be visiting on Sunday, February 28.
- **Holy Name Society.** Members will receive Holy Communion together and recite their pledge after Mass on Sunday, February 14.

PRAYER INTENTIONS

- If you would like to request prayers for sick, suffering, or deceased family members or friends by name in the announcements/Bulletin, please notify Mr. Stephan Kershisnik.